

## RESCUE PACKS FOR ASTHMA AND COPD PATIENTS

We are aware there has been misleading information on Social Media regarding asking your doctor/practice pharmacist for rescue packs.

**WE ARE NOT SUPPLYING “JUST IN CASE” COURSES OF STEROID AND ANTIBIOTICS (KNOWN AS RESCUE PACKS) TO ANYONE WHO IS NOT ALREADY HAVING THEM AS PART OF THEIR USUAL TREATMENT BEFORE THE CORONAVIRUS PANDEMIC**

We know that people with underlying respiratory conditions like asthma and COPD will be worried about how the Coronavirus might impact them. Here is some advice:

**Use your inhalers as you have been advised by your healthcare professional to manage your underlying condition as best as possible.**

Visit [www.asthma.org.uk/advice/inhaler-videos/](http://www.asthma.org.uk/advice/inhaler-videos/) watch the video links -even if you are sure you know how to use your inhaler.

**Contact your GP practice BY TELEPHONE if you develop a worsening of your current asthma or COPD symptoms.**

Phone 111 if these are severe, you think they are coronavirus, or we are not open.

**Lastly, please look after yourself. Isolate if you have been advised to. Distance yourself from others whenever possible.**

**Reach out for and accept help with groceries and collecting prescriptions.**

**Use official channels like [www.gov.uk](http://www.gov.uk) or the Aneurin Bevan Health Board website to obtain your information.**

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